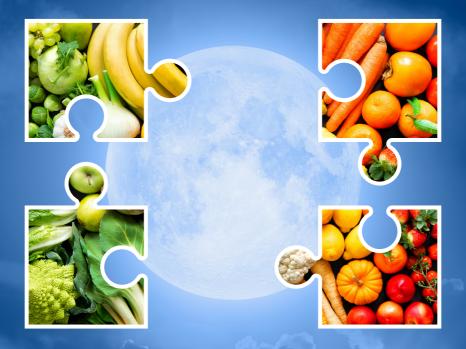
THE JIGSAW METHOD

BUILDING BALANCE



INTO YOUR DIET WITH THE POWER OF THE MOON

Alison Marsden

The Jigsaw Method

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